

ICAgile Agile Fundamentals (ICP) 2 days

Build strong Agile foundations.

ICAgile Agile Fundamentals (ICP) is an internationally recognised credential that provides a practical grounding in Agile mindset, values, principles and core ways of working.

Rather than focusing on a single framework or methodology, the programme develops a broad understanding of what it means to be agile while doing agile. Delegates learn how Agile principles support adaptability, collaboration, customer value and continuous improvement across teams and wider organisational environments.

From the moment delegates arrive, they operate as a self-organising Agile team. Participants establish working agreements, visualise work through Kanban, and experience Agile principles through immersive exercises, collaborative learning and accelerated simulation activities.

Throughout the programme, delegates practise adaptive planning, relative estimation, iterative delivery, feedback loops and progress tracking using Agile techniques in realistic scenarios. The course emphasises mindset and behavioural change as much as process, helping teams build the habits and collaboration patterns that underpin successful Agile adoption.

What You'll Learn

By the end of the programme, you will be able to:

- Explain the origins of Agile, including the Agile Manifesto and Agile Principles
- Apply the Agile mindset within their own organisational context
- Build shared understanding and improve collaboration across teams
- Use Agile techniques to manage work, priorities and work-in-progress effectively
- Deliver value incrementally through iterative and adaptive approaches
- Engage customers and users throughout delivery and respond to feedback quickly
- Practise adaptive planning, relative estimation and transparent progress tracking
- Respond constructively to change by adapting both process and product
- Understand how Agile ways of working contribute to broader organisational agility

Delivery Format

- Delivered over two full days (virtual or face-to-face)
- Available as open public courses or bespoke in-company training
- Flexible formats for in-company training: consecutive full days or split half-day sessions

Accreditation

- Accredited by ICAgile, one of the world's leading Agile accreditation bodies
- Successful delegates achieve the ICAgile Certified Professional (ICP) certification
- ICAgile certifications are knowledge and competency-based rather than exam-driven, Certification is awarded through active participation and demonstrated understanding during the course

Who Should Attend?

This programme is suitable for anyone looking to build practical understanding and confidence in Agile ways of working, regardless of industry or prior experience.

It is particularly valuable for:

- Newly formed Agile teams seeking a common foundation and shared language
- Professionals transitioning from traditional delivery approaches into Agile environments
- Project managers, delivery managers and PMO professionals
- Product owners, business analysts and change professionals
- Team leaders, operational managers and functional leads
- Technology, digital and transformation teams
- HR, marketing, finance and business support functions working within Agile organisations
- Individuals preparing for further Agile, Scrum or product-focused certifications
- Anyone curious about Agile and interested in developing a more adaptive, collaborative and customer-focused mindset

Why Choose This Course?

Practitioners choose this programme because it combines an industry-recognised ICAgile credential with practical, hands-on learning that can be applied immediately in the workplace.

Unlike theory-heavy certification courses, delegates experience Agile by working within Agile structures throughout the programme itself. Interactive exercises, collaborative simulations and facilitated reflection help participants understand not only what Agile practices are, but why they matter.

The programme is delivered by an ICAgile Authorised Instructor who continuously assesses participation and understanding during the course. Upon successful completion, delegates are awarded the ICAgile Certified Professional (ICP) certification, providing both professional credibility and a strong foundation for future Agile learning paths.

For organisations, the programme helps establish a shared language, common mindset and consistent ways of working across teams, creating stronger foundations for collaboration, adaptability and continuous improvement.

Course Content

History and Mindset: Explore the origins of Agile, the Agile Manifesto and Agile Principles, and how Agile has evolved beyond software development. Delegates examine mindset, culture and the role Agile plays in responding effectively to change and uncertainty.

Individuals and Interactions: Develop the collaboration and communication skills that underpin effective Agile teams. Topics include shared understanding, team dynamics, knowledge sharing, communication barriers and collaborative ways of working.

Value-Driven Development: Learn how Agile teams deliver value incrementally while maintaining quality and focus. This section covers iterative delivery, prioritisation, managing work-in-progress and balancing speed with sustainable delivery practices.

Customer and User Involvement: Understand how to involve customers and users throughout delivery. Delegates explore stakeholder engagement, gathering feedback and ensuring work remains aligned to customer needs and business value.

Planning and Adapting: Practise Agile planning, estimation and progress tracking techniques while learning how teams continuously adapt processes and products in response to feedback, learning and changing priorities.

Why Choose Catalyst?

Catalyst delivers results, not just services. We blend consulting, coaching, training, and AI-powered tools into a seamless support system that meets teams where they are, developing capability at every level.

With over 30 years of experience in performance improvement, Catalyst has developed deep expertise across a range of disciplines, with Agile practice at the heart of what we do. We are proud members of the Agile Business Consortium and are accredited by ICAgile, ensuring our Agile training meets rigorous, internationally recognised standards. Our courses are designed by experienced Agile practitioners, making complex concepts practical, accessible, and immediately applicable in real-world environments.

Catalyst combines deep expertise with engaging, interactive delivery helping participants confidently apply Agile thinking from day one. We are also accredited by the British Quality Foundation and the Lean Competency System (LCS), and recommended by the Chartered Quality Institute, reflecting our commitment to quality and continuous improvement across everything we deliver.