

Lean Six Sigma White Belt Programme 1 day

Start the journey, spark the mindset, build the skills and bring the energy for Continuous Improvement

This engaging Lean Six Sigma White Belt programme is designed to introduce the fundamentals of continuous improvement in a practical, accessible, and highly interactive way.

Ideal for organisations looking to build awareness and momentum around improvement, the programme equips participants with a foundational understanding of Lean Six Sigma principles, how improvement projects work, and how individuals can contribute to positive change within their teams and organisation.

Using real-world examples, interactive exercises, and practical discussion, we build confidence, enthusiasm, and a shared language for continuous improvement.

The programme can be delivered in-house, either virtually or face-to-face, and tailored to suit your organisation's needs, culture, and learning objectives.

What You'll Learn

By the end of this programme, you will be able to:

- Understand the purpose and principles of Lean Six Sigma
- Describe how improvement projects are structured
- Recognise common forms of waste within processes
- Contribute effectively as a member of an improvement project team
- Apply simple tools to support problem-solving and process improvement
- Engage confidently in conversations about continuous improvement
- Experience the practical impact and energy of effective improvement approaches

Delivery Format

This programme is delivered in-house and can be tailored to your organisation's requirements. Delivery options include:

- Virtual delivery
- Classroom-based delivery
- Tailored programme duration
- Customised examples and activities aligned to your organisation

The interactive format is designed to maximise engagement, participation, and practical application.

Who Should Attend?

- Teams beginning their Lean Six Sigma journey
- Employees new to continuous improvement
- Operational and support staff
- Team members involved in improvement initiatives
- Organisations seeking to build a stronger improvement culture
- Anyone interested in understanding the fundamentals of Lean Six Sigma

Why Choose This Course?

Organisations choose this programme to create a shared understanding of Continuous Improvement across teams and departments. The programme helps to:

- Build a common improvement language
- Encourage participation and engagement
- Increase confidence in problem-solving
- Support a culture where people feel empowered to improve processes
- Create momentum for wider continuous improvement initiatives

Participants leave energised, motivated, and better equipped to contribute to improvement activities from day one. A clear pathway to further Lean Six Sigma development is also available for learners wishing to continue building their skills.

Course Content

- Introduction to Lean Six Sigma principles and mindset
- Overview of the DMAIC methodology (Define, Measure, Analyse, Improve, Control)
- Roles within Lean Six Sigma (White Belt to Black Belt)
- Using an engaging simulation to explore and practice a range of tools and techniques including:
 - Problem Statements
 - SIPOC (Suppliers, Inputs, Process, Outputs, Customers)
 - Voice of the Customer (VoC)
 - Process Visualisation
 - Root Cause Analysis (Fishbone and 5 Whys)
 - Waste Identification (TIMWOODS)
 - Ideas Generation and Process Control

Why Choose Catalyst?

Catalyst delivers results, not just services. We blend consulting, coaching, training, and AI-powered tools into a seamless support system that meets teams where they are, developing capability at every level.

Thousands trust us to support their learning and Continuous Improvement journeys – we've specialised in Lean Six Sigma Training and Consultancy for over 30 years. We're known for sharing our knowledge in an accessible and interactive way. Look no further for relevant, relatable content, built by experts and accredited by the British Quality Foundation and the Lean Competency System (LCS). We are the BQF's primary Lean Six Sigma partner and recommended by the Chartered Quality Institute.