

Professional Scrum Master™ (PSM1) 2 days

Stop managing Scrum, start mastering it.

Great Scrum Masters aren't process police, they're the people who make self-management, transparency, and continuous improvement actually happen on the ground. This course gives you the mindset, the mechanics, and the confidence to do exactly that.

Professional Scrum Master™ is a highly interactive two-day course from Scrum.org which explores the principles, theory, and practical application of Scrum, facilitated by experienced practitioners, not lecturers reading from slides.

Rather than simply memorising events, accountabilities, and artefacts, you'll explore *why* Scrum works as a framework for empiricism, self-management, and continuous improvement, and how to make it work in real life situations.

Whether you're new to the role, stepping up from a traditional project management background, or looking to sharpen skills you've picked up informally, this course will deepen your understanding of Professional Scrum and set you up to support teams with genuine confidence.

What You'll Learn

By the end of the programme, you will be able to:

- Understand the purpose and mechanics of Scrum
- Explain the role of the Scrum Master
- Support teams in using Scrum effectively
- Help Scrum Teams deliver value
- Understand common dysfunctions and how to respond
- Prepare for the PSM I assessment

Delivery Format

- Delivered over two full days (virtual or face-to-face)
- Flexible formats for in-company training: consecutive full days or split half-day sessions
- Tailored examples and discussions specific to your teams, products, delivery challenges and organisational context

Accreditation

- This course prepares you for the Professional Scrum Master I (PSM I) assessment from Scrum.org, one of the most respected, knowledge-based Scrum Master certifications in the industry
- Your course fee includes a free first attempt at the official PSM I assessment
- The course is worth 16 CPD points

Who Should Attend?

- New or aspiring Scrum Masters who want a solid, practical foundation before stepping into the role
- Practising Scrum Masters who've learned "on the job" and want to close gaps in their understanding or fix bad habits picked up along the way
- Agile Coaches and Delivery Leads supporting multiple teams who need a shared, consistent grounding in Scrum theory
- Project Managers and Team Leads transitioning into Agile environments
- Product Owners, developers, and stakeholders who want a deeper understanding of how Scrum Masters can better support the team and the wider organisation
- No prior Agile experience is required, just a willingness to think differently about how work gets delivered.

Why Choose This Course?

- This course provides more than a whistle-stop tour of Scrum terminology: you'll explore the reasoning behind the framework, including empiricism, self-management, and continuous improvement, so you understand why Scrum works, not just what it says
- You'll gain real coaching techniques, facilitation tools, and approaches for handling dysfunction and pushback
- Our trainers have led real Scrum Teams through real delivery pressure, so the insight you get goes well beyond the Scrum Guide
- Interactive exercises and scenario-based discussion mean you leave with understanding you can apply immediately
- The course maps directly to the PSM I competencies, and PSM I never expires, so the skills and credential you gain here support your whole career, not just your next job application

Course Content

Across two days, delegates will explore:

Scrum artefacts and commitments Product backlog management Scrum events Scrum team	Scrum values Scrum theory Product value Empiricism	Forecasting and release planning Developing and delivering products Developing people and teams Delivery and flow metrics
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Why Choose Catalyst?

Catalyst delivers results, not just services. We blend consulting, coaching, training, and AI-powered tools into a seamless support system that meets teams where they are, developing capability at every level.

With over 30 years of experience in performance improvement, Catalyst has developed deep expertise across a range of disciplines, with Agile practice at the heart of what we do. We are proud members of the Agile Business Consortium and are accredited by ICAgile, ensuring our Agile training meets rigorous, internationally recognised standards. Our courses are designed by experienced Agile practitioners, making complex concepts practical, accessible, and immediately applicable in real-world environments.

Catalyst combines deep expertise with engaging, interactive delivery helping participants confidently apply Agile thinking from day one. We are also accredited by the British Quality Foundation and the Lean Competency System (LCS), and recommended by the Chartered Quality Institute, reflecting our commitment to quality and continuous improvement across everything we deliver.